



Audrey Johnson

GREENVILLE, SOUTH CAROLINA

AGE

25

HEIGHT

154 cm / 5'1"

LOCATION

Greenville, South Carolina

DISCIPLINES

Parkour / Climbing

A Parkour World Cup champion from Greenville, South Carolina, and the first female United States athlete to take World Cup gold. Audrey has been on international podiums since 2023, holds eight Parkour World medals, and pairs competition-grade precision with a background on the United States youth national team for speed climbing.

MOVEMENT STYLE

Audrey Johnson's movement is shaped by competition. World Cup parkour rewards exact take-offs, committed jumps and clean landings under pressure, and that discipline shows in how she reads a line first time. Years as a competitive sport climber on the United States youth national team give her grip strength and genuine comfort at height, while gymnastics, handstands and inline skating widen the range for briefs that need more than parkour alone.

EXPERIENCE

Competing internationally since 2023, on podiums consistently since. Eight Parkour World medals. Three time Sport Parkour League World Champion, 2024, 2025 and 2026. Former United States youth national team speed climber, 2019. Television competitor on American Ninja Warrior season 15 and at the World Chase Tag World Championship season 6. Additional skills include gymnastics, handstands and inline skating. Over 68,000 followers on Instagram.

PROFESSIONAL CREDITS

Parkour World Cup champion, 2024. Sport Parkour League World Champion 2024, 2025 and 2026. Eight time Parkour World medalist. First female United States athlete to medal at a Parkour World Cup, second in 2023, then gold in 2024. Competitor on American Ninja Warrior season 15. Competitor at the World Chase Tag World Championship season 6. United States youth national team, speed climbing, 2019. Currently working with DJI Osmo.

